

Class: 2 Section: Name: Date: 04/10/2020 Subject: Hindu Religion Topic: Chap-4(Good Health) Time: 40 minutes Marks: 20

1. Write down the correct answer in your answer script:	$0.5 \times 4 = 2$
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a)	When	should	l we s	leep?
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i)	Δt	noon
11	_/N.	HOOH

ii) In the evening

b) We should eat food

i) Irregularly

ii) Gradually

iii) Regularly

iii) In time

iv) Always

iv) Continuously

c) What is needed for maintaining any work?

i) Beauty

iii) Ill body

ii) Good health

iv) Sickness

d) How should we keep our nail?

i) Long

iii) Short

ii) Big

iv) Dirty

## 2. Match the Column-A with Column-B to make complete sentences:

 $1\times5=5$ 

Column-A	Column-B
a) Life is without peace	i) unless we have good health.
b) Success does not come	ii) with the singleness of mind.
c) Keeping physical fitness is	iii) if one's body and mind is not
called	well.
d) We have to call up God	iv) we can't concentrate on any
	work.
e) When we get sick	v) good health.

<b>3.</b>	Fill in	the	blanks	with	appropriate	words:
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 $0.5 \times 6 = 3$ 

- b) We should in time.
- c) When body is fit, mind is \_\_\_\_.
- d) We should take bath with \_\_\_\_\_.
- e) There is a deep relation between \_\_\_\_ and mind.
- f) We should practise some \_\_\_\_\_.

## 4. Answer the following short questions: $1 \times 3 = 3$ a) What is called health? b) What is necessary for practice of religion? c) What is the root of all happiness? 5. Identify true / false of the following statements: $0.5 \times 8 = 4$ a) We should not rise early. b) When we are not sick we can't concentrate on any work. c) We should not sleep in time. d) Illness is the root of all happiness. e) We should follow some rules for maintaining good health. f) We should keep our nails short. g) We should take bath with clean water. h) We should practise some exercises. 6. Write down the meaning of the following words: $1 \times 3 = 3$ a) Relation b) Properly c) Rites